

2023

“April Showers and Spring Flowers Meet”

www.universalgymnasts.com

Please read and follow these guidelines.

- Please enter the building at your designated “Doors open” time.
- Only 1-2 spectators per participant allowed. This will be enforced at the gate check in.
- Masks are optional.
- We ask all families to immediately depart upon the conclusion of the competition to make room for the next session.
- Please exit the side door by the green floor exercise.
- There will be no concession stand this year.
- Please do not move any seating.
- This will be a warm-up event, then compete it immediately after format.

Gate fees: **Cash** only to expedite the entry process.

Adults:	\$5.00
Seniors:	\$2.00
Children:	\$2.00
5 yrs. & under:	Free

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“April Showers and Spring Flowers Meet”

Saturday April 22, 2023

We will be using the Modified Traditional format this year. Your team will warm-up on one event, then compete it immediately after. The schedule will reflect your warm-up/competition order.

Session 1

Doors open: 2:00 p.m.
Stretch: 2:15 p.m.
Warm-ups: 2:30 – 2:45 p.m.
Competition: 2:45 – 4:25 p.m.

Vault	Rock Solid (18-Bronze)
Bars	Integrity Fayette (15-Bronze)
Beam	UGI (12-Bronze)
Floor	Fliptastic (11-Bronze)

Session 2

Doors open: 4:30 p.m.
Stretch: 4:45 p.m.
Warm-ups: 5:00 – 5:15 p.m.
Competition: 5:15 – 6:55 p.m.

Vault	Rock Solid (18-Bronze)
Bars	Gotta Flip (10-Bronze), WYB (9-Bronze)
Beam	Warrior (10-Level 2), All Starz (9-Bronze)
Floor	Vitality (10-Bronze)

Session 3

Doors open: 7: 00 p.m.
Stretch: 7:15 p.m.
Warm-ups: 7:30 – 7:45 p.m.
Competition: 7:45 – 9:15 p.m.

Vault	Warrior (7-Gold/Platinum), All-Starz (8-Silver/Platinum)
Bars	WYB (10-Silver/Gold/Platinum)
Beam	Vitality (13-Silver), Westgate (1-Silver)
Floor	Gotta Flip (8-Silver/Gold), Rock Solid (8-Gold)

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Sunday April 23, 2023

We will be using the Modified Traditional format this year. Your team will warm-up on one event, then compete it immediately after. The schedule will reflect your warm-up/competition order.

Session 4

Doors open:	11:00 a.m.	Vault	Buckeye (11-Silver)
Stretch:	11:15 a.m.	Bars	Fliptastic (10-Silver)
Warm-ups:	11:30 – 11:40 a.m.	Beam	Buckeye (11-Silver)
Competition:	11:40 – 1:05 p.m.	Floor	UGI (11-Silver)

Session 5

Doors open:	1:15 p.m.	Vault	Flight Deck (10-Gold)
Stretch:	1:30 p.m.	Bars	Buckeye (10-Gold)
Warm-ups:	1:45 – 1:55 p.m.	Beam	Rock Solid (10-Silver)
Competition:	1:55 – 3:15 p.m.	Floor	Fliptastic (6-Silver)

Session 6

Doors open:	3:25 p.m.	Vault	Integrity Athletics (10-Silver/Gold)
Stretch:	3:40 p.m.	Bars	UGI (9-Gold)
Warm-ups:	3:55 – 4:05 p.m.	Beam	Fflight Deck (6-Gold), Rock Solid (4-Silver)
Competition:	4:05 – 5:30 p.m.	Floor	Buckeye (9-Gold)